

City-County Health District

“We support and encourage breastfeeding in any way we can. We have a private room, water to wash hands and supplies, a refrigerator to safely store expressed milk, and provide time for staff to express milk as needed.”

Theresa Will, Director

City-County Health has a small team of dedicated nurses and staff who are committed to promoting good health to those who both work in the district office and the public whom they serve. The staff is well trained in breastfeeding health benefits, as well as breastfeeding basics, and is charged with encouraging breastfeeding to all.

Program Components:

Private Area to Express Milk:

We have a small room within our office area with a reclining rocking chair.

Breastfeeding Equipment:

We have rental breast-pumping equipment available for staff and the public.

Employees and the public must supply their own tubing.

Milk Expression Scheduling:

The staff can express milk whenever they need.

Education:

Because we are a health district, our staff receives training on breastfeeding to promote it to the public. Our policy is to encourage breastfeeding within our health unit and to the public.

Support:

Employees have access to staff nurses who have expertise in breastfeeding. The board, administration and employees are very supportive of breastfeeding.

Impact:

- High breastfeeding rates among employees
- Strong employee support and appreciation

Contact:

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